

نادي كتارا

KATARA CLUB

AUGUST GROUP CLASSES

REGISTER NOW ON THE
KATARA CLUB APP

AUGUST

VNEN21

SATURDAY

AFTERBURN

COACH WILLIAM

8 AM | MIXED CLASS

SATURDAY

BOOTCAMP

COACH SAVANNAH

8 AM | LADIES ONLY

نادي كتارا

KATARA CLUB

AUGUST

Vnɛnʒl

SATURDAY

METCON

COACH DORRA

9 AM | LADIES ONLY

SATURDAY

ATHLETIC STRETCHING

COACH UROS

11 AM | MIXED CLASS

نادي كتارا

KATARA CLUB

AUGUST

Vnɛnʒl

SUNDAY

BUILD

COACH ANASTASIYA

10 AM | LADIES ONLY

SUNDAY

MOBILITY

COACH FATIMAH

1 PM | LADIES ONLY

نادي كتارا

KATARA CLUB

AUGUST

Vnɛnʒl

MONDAY

GLUTE CAMP

COACH VICTORIA

10 AM | LADIES ONLY

MONDAY

HIIT WEIGHTS

COACH JJ

10 AM | MIXED CLASS

نادي كتارا

KATARA CLUB

AUGUST

Vnɛnʒl

TUESDAY

BUILD

COACH ANASTASIYA

9 AM | LADIES ONLY

TUESDAY

ATHLETIC STRETCHING

COACH UROS

11 AM | MIXED CLASS

نادي كتارا

KATARA CLUB

AUGUST

Vnɛnʒl

TUESDAY

CORE

COACH LORY

3 PM | LADIES ONLY

نادي كتارا

KATARA CLUB

AUGUST

Vnɛnʒl

WEDNESDAY

ANIMAL FLOW

COACH CLIFF

7 AM | MIXED CLASS

WEDNESDAY

MOBILITY

COACH FATIMAH

10 AM | LADIES ONLY

نادي كتارا

KATARA CLUB

AUGUST
VENUE

WEDNESDAY

GLUTE CAMP

COACH DARIA

1 PM | LADIES ONLY

نادي كتارا

KATARA CLUB

AUGUST

Vnɛnʒl

THURSDAY

KILLER ABS

COACH SIMBA

1 PM | MIXED CLASS

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BOOK YOUR CLASSES NOW



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